

# RLHS Student & Parent Guide for Temporary At-Home Learners

*If you are home quarantined and are not ill, we would ask that you follow the guidelines below. If you are ill, please take time to rest and recover and follow the to do list below when you can.*

## Student to do list:

- Check your school email and Google Classroom daily
- Communicate with your teachers on a regular basis
- Check daily announcements on the RLHS webpage (rlhs.ricelake.k12.wi.us)
- Talk with adults at home or through school if you need additional support or help (see contact information below)
- Establish a daily routine
- Identify a quiet space so you can work effectively and successfully
- Communicate and check in with classmates
- Take breaks as needed
- Be as active as possible
- Reach out if you need help
- Check in with a counselor when you return to school

***We are here to help! Please reach out to us if you have questions or concerns!***

*Everyone responds differently to situations. Some students may experience increased stress or anxiety, changes in sleeping or eating patterns, or other behavior changes. Let us know if you need help.*

## **Rice Lake High School Phone Number: 715-234-2181**

School Nurse, Trisha Neuser	ext. 5110	<a href="mailto:neuser@ricelake.k12.wi.us">neuser@ricelake.k12.wi.us</a>
School Counselors:		
Jessica Ebner (Last Names A-L)	ext. 5470	<a href="mailto:ebnerj@ricelake.k12.wi.us">ebnerj@ricelake.k12.wi.us</a>
Mike Shomion (Last Names M-Z)	ext. 5335	<a href="mailto:shomionm@ricelake.k12.wi.us">shomionm@ricelake.k12.wi.us</a>
Erika Spear	ext. 5726	<a href="mailto:speare@ricelake.k12.wi.us">speare@ricelake.k12.wi.us</a>
Principal, Curt Pacholke	ext. 5003	<a href="mailto:pacholkec@ricelake.k12.wi.us">pacholkec@ricelake.k12.wi.us</a>

*\*Please contact your teachers with specific class concerns*

## **What does *At-Home Learning* look like for a RLHS Student?**

RLHS Students will use Google Classroom to access materials for both in-person and at-home learning materials. Examples of at-home learning assignments will vary from class to class, but may include activities such as:

- Watching a recorded lesson about a math concept and completing practice problems or exit slips to show they have mastered the concept.
- Completing required readings and writing responses to demonstrate their understanding of the material for the next in-person class session.
- Writing a discussion post, recording an audio file or making a short video capturing their understanding of the skill being taught.
- Small assessments may be administered during distance learning lessons to evaluate how well students understand the concept or unit of study.